



41st Annual SAN DIEGO SPRING ROUND UP

March 29 - April 1, 2018

Town & Country Resort Hotel



**• Marathon Meetings • Speakers • Young At Heart • Al-Anon
Al-Anon Young Peoples Meetings • Spanish Meetings • Panels
• Meditation • Yoga • Movies • Dances • Sporting Events • Comedy
Variety Show • Lots Of Fun, Fun, Fun! • Much More**



San Diego Spring Round Up

March 29 - April 1, 2018

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Hospitality Room

Hours of Operation

(Sunset Room)

Friday 10 am to 10 pm

Saturday 8 am to 10 pm

Archives Room

(Terrace Salon 1)

Friday 10 am to 10 pm

Saturday 8 am to 10 pm

Registration, Tickets & All Tables

Thursday 4:00 pm to 10:00 pm

Friday 8:00 am to 10:00 pm

Saturday 8:00 am to 10:00 pm

Sunday 7:30 am to 9:00 am

MESSAGE FROM THE CHAIRPERSON

Welcome Everyone to the 41st San Diego Spring Round Up, 2018. Our Theme this year is

"We Are Not a Glum Lot"!

I am very grateful and humbled to be a part of something I feel so close to in my heart. We all represent fellowship, friendship, laughter, and love. I am blessed as I know all of you are to be a part of something larger than ourselves. I hope you have the chance to reconnect with some of those you had the pleasure of meeting through past roundups.

The planning committee is made up of 34 committees of over 100 people. We start planning the next round up in July of the year before. I tell you this as a way of saying thank you to all of those volunteers who have selflessly dedicated their time and energy to such a worthwhile endeavor. I encourage all of you to join us and volunteer for one of the committees for the next round up.

The planning year for 2018 has been one of change, growth, and learning and one I'm proud to have been a part of. Most importantly we learned through this process that "We Are Not a Glum Lot", we insist on enjoying life, so JOIN IN AND JOIN US.

Humbly

Dawn G., Chairman

San Diego Spring Round Up 2018



ASL Available Upon Request At
Accessibilities Table For Any Meeting



“But we aren’t a glum lot. If newcomers could see no joy or fun in our existence, they wouldn’t want it. We absolutely insist on enjoying life.”

Page 132,
Alcoholics Anonymous,
Fourth Edition

About The San Diego Spring Round Up

Leading up to the mid-1970’s, there were two prominent conventions in southern California. The Southern California Convention that was started in 1952, and the Palm Springs Round Up was started in 1960.

Both of these events were very popular and well attended. The convention agendas included breakfast, lunch and banquet dinners with great speakers, plus entertainment and sporting events.

The combination of enthusiasm created by these events and the fact that AA was growing very fast during the 1970’s, caused some AA’s in San Diego to think about and work toward starting their own event.

After a couple years of coordinating and planning meetings, the San Diego Spring Round Up kicked off in 1978. And, from its very first year, this event has been a positive influence on those in attendance and has generated enough revenue to cover expenses, maintain a prudent reserve and make 7th Tradition contributions to various AA service entities.

At this writing, more than forty years later, it seems fair to say that the San Diego Spring Round Up has achieved it’s purpose.

DAILY SCHEDULE OF EVENTS

THURSDAY, MARCH 29

Time	Meeting/Event	Location
4:00 pm	Registration & Ticket Sales Open	Atlas Foyer
5:15 pm	Se inician las Juntas AA en Espanol	Pacific Salon 1 & 2
6:00 pm	AA Early Bird Speaker Meeting	Pacific Salon 3
7:00 pm	Comedian /Ice Cream Social [ASL]	Golden Pacific Ballroom
7:00 pm	Early Bird Discussion Meeting	Pacific Salon 3
8:00 pm	Final Early Bird Discussion Meeting	Pacific Salon 3

FRIDAY, MARCH 30

Time	Meeting/Event	Location
8:00 am	1/4 Day Deep Sea Fishing Trip	Pt. Loma Sports Fishing
8:00 am	Yoga	Esquire Room
8:00 am	Literature Table Open	Golden Foyer
8:00 am	Information Table Open	Golden Foyer
8:00 am	Registration & Ticket Sales Open	Atlas Foyer
8:00 am	Golf Tournament Check-In	The Vineyard Course
9:30 am	Se inician las Juntas AA en Espanol	Pacific Salon 1 & 2
9:30 am	Guided Meditation	Esquire Room
10:00 am	Tape Sales Opens	Golden Foyer
10:00 am	A.A. Marathon Meetings Begin	Royal Palm 1 & 2
10:00 am	Hospitality Room Opens	Sunset Room
10:00 am	Archives Opens	Terrace Salon 1
11:00 am	Yoga	Esquire Room
12:00 pm	Accessibilities Panel (ASL)	Atlas California Room
1:00 pm	Al-Anon Marathon Meetings Begin	Royal Palm 3 & 4
1:00 pm	Spanish Al-Anon Meetings Begin	Pacific Salon 1 & 2
2:00 pm	Guided Meditation	Esquire Room
3:00 pm	AA Movies Begin	Royal Palm 6
3:00 pm	Happy Hour Speaker Meeting	Atlas–Town&Country
5:00 pm	Yoga	Esquire Room
5:00 pm	Young At Heart Panel	Atlas-California
6:30 pm	A.A. Opening Speaker Meeting [ASL]	Atlas–Town&Country
8:30 pm	Al-Anon Opening Speaker Meeting	Atlas – California
9:00 pm	Variety Show and Dance [ASL]	Golden Pacific Ballroom
9:00 pm	Guided Meditation	Esquire Room
10:00 pm	Night Owl Meeting	Tiki Room

Marathon Meetings

AA: Start at 10:00 am Friday thru Sunday at 8 am (Royal Palm 1 & 2)

Al-Anon: Start Friday at 1 pm thru 10 pm; Saturday 8 am thru 10 pm (Royal Palm 3 & 4)

DAILY SCHEDULE OF EVENTS

SATURDAY, MARCH 31

Time	Meeting/Event	Location
6:45 am	5K/10K Fun Run/Walk Check-in Begins	Atlas Foyer
8:00 am	Yoga	Esquire Room
8:00 am	Registration and Ticket Sales Open	Atlas Foyer
8:00 am	Literature Table Open	Golden Foyer
8:00 am	Al-Anon Marathon Meetings Begin	Royal Palm 3 & 4
8:00 am	Archives Room Opens	Terrace Salon 1
8:00 am	Information Table Open	Golden Foyer
9:00 am	Family Speaker Meeting	Atlas–Town & Country
9:00 am	General Services Panel	Atlas-California
9:00 am	Al-Anon Movie	Royal Palm 6
9:00 am	Seinician las Juntas AA enEspañol	Pacific Salon 1 & 2
9:30 am	Guided Meditation	Esquire Room
10:00 am	Hospitality Room Opens	Sunset Room
10:00 am	Spanish Al-Anon	Pacific Salon 3
10:30 am	Poker Run Stands Up	In Front of Atlas Foyer
11:00 am	Yoga	Esquire Room
11:00 am	Al-Anon Luncheon & Speaker [ASL]	Golden Pacific Ballroom
11:00 am	Hospitals & Institutions Panel	Atlas-California
11:30 pm	AA Workshop	Tiki Pavilion
12:00 pm	Scavenger Hunt	Lion Fountain
1:00 pm	Newcomers Panel Discussion	Atlas-California
1:00 pm	Al-Anon Business Meeting	Golden Pacific Ballroom
2:00 pm	AA Movies Begin	Royal Palm 6
2:00 pm	Old Timer's Meetings	Atlas –Town & Country
2:00 pm	Al-Anon Speaker Meeting	Atlas – California
2:00 pm	Al-Anon Young Peoples Meeting Begin	Pacific Salon 6 & 7
4:15 pm	A.A.Young-At-Heart Speaker Meeting [ASL]	Atlas – California
6:00 pm	A.A. Banquet & Speaker Meeting [ASL]	Atlas – Town & Country
8:00 pm	Spanish AA Baile – Latin Dance Party	Pacific Salon 3
9:00 pm	Young at Heart Dance	Golden Pacific Ballroom
9:00 pm	Guided Meditation	Esquire Room
10:00 pm	Cigar Meeting	Outside of Tiki Pavilion

SUNDAY, APRIL 1

Time	Meeting/Event	Location
7:00 am	Guided Meditation	Esquire Room
7:30 am	Registration & Ticket Sales Open	Atlas Foyer
8:00 am	Last A.A. Marathon Meeting	Royal Palm 1 & 2
8:30 am	A.A. Spiritual Buffet Breakfast & Speaker [ASL]	Atlas-Town and Country
9:00 am	Spanish AA Marathon	Pacific Salon
12:00 pm	A.A. Round-Up Business Meeting	Royal Palm 1 & 2

AA MEETINGS & EVENTS

THURSDAY, MARCH 29

Early Bird Speaker Meeting

6:00 pm – Pacific Salon 3

Leader	Becky W.	San Diego
Chapter 3	Bobbi K.	San Diego
Chapter 5	Stacy F.	San Diego
12 Traditions	Pam B.	San Diego
Speaker	Dan L.	Vista
A Vision for You	Bob H	Carlsbad

Early Bird Discussion Meeting

7:00 pm – Pacific Salon 3 – Letting Go of Anger

Leader	Anne	San Diego
Co-leader	Annie	San Diego

Final Early Bird Discussion Meeting

8:00 pm – Pacific Salon 3 – Insanity of Alcoholism

Leader	Carol	San Diego
Co-leader	Cathy	San Diego

Comedian / Ice Cream Social [ASL]

7:00 pm – Golden Pacific Ballroom

FRIDAY, MARCH 30

Accessibilities Panel (ASL)

12:00 pm – Atlas - California Room – Topic: Accessibility

Leader	April R	Alpine
How it works	Martine M.	San Diego
First Speaker	Fritz F.	San Diego
Second Speaker	Brad J.	San Diego
Third speaker	John B.	Encinitas
Vision for you	Renee L.	San Diego

AA MEETINGS & EVENTS

FRIDAY, MARCH 30

Happy Hour Meeting (ASL)

3:00 pm – Atlas Ballroom – Town & Country

Leader	Michelle N	San Diego
Chapter 3	Lee Ann Y.	San Diego
Chapter 5	Natasha H.	San Diego
12 Traditions	Caitlin H	San Diego
Speaker	Art M	San Diego
A Vision for you	Moir	San Diego

Young at Heart Panel Meeting Hosted by SOCALYPAA

5:00 pm — Atlas-California

Topic: “Never had a legal drink”

Leader	Chelsey T.	SOCALYPAA
How it Works	Isabel L.	SOCALYPAA
12 Traditions	Karmara A.	SOCALYPAA
Speakers	Audrey B.	SOCALYPAA
	Kianna A.	SOCALYPAA
	Joelle S.	SOCALYPAA
Vision for you	Jay B.	SOCALYPAA

Opening A.A. Meeting (Spanish Translation, ASL)

6:30 pm – Atlas Ballroom – Town & Country

Leader	Bill M.	Santee
Delegate	Roxane R,	San Diego
Chapter 3	Colleen A.	Chula Vista
Chapter 5	Joe S.	Santee
12 Traditions	Ryan G.	El Cajon
Speaker	Carla R.	Tujunga, CA
A Vision For You	Michelle M.	Santee

AA MEETINGS & EVENTS

FRIDAY, MARCH 30

Variety Show - Variety Show and Dance [ASL]

9:00 pm – Golden Pacific Ballroom

Night Owl Speaker Meeting

10:00 pm – Tiki Room

Leader	Glenn B	Ramona
Chapter 3	Nicole D	Ramona
Chapter 5	Erik J	Ramona
12 Traditions	David H.	Ramona
Speaker	Brian Mc	Ramona
A Vision for You	Taryn M.	Ramona

SATURDAY, MARCH 31

Family Speaker Meeting

9:00 am – Atlas – Town & Country

Leader	Sam L.	Escondido
Understanding Ourselves	Marilyn D.	San Diego
Chapter 5	Rozee B.	Pauma Valley
12 Traditions	Joe S.	Murrieta
Al-Anon Speaker	Deborah F.	Del Mar
AA Speaker	Tom F.	Del Mar
A Vision For You	Mike H.	Encinitas

General Service Panel - [Spanish Translation, ASL]

9:00 am to 10:30 am –Atlas-California

Leader	Roxane R.	Area 8 Delegate
How it Works	Toni I.	DCM District 1
12 Traditions	Joe K.	DCM District 12
A Vision for you	Cindy H.	DCM District 11
Panel Participants	Jerry S.	Area 8 Alternate Delegate
	Mackenzie S .	Archives Committee Chair
	Ginger S	DCM District 8

AA MEETINGS

SATURDAY, MARCH 31

H & I Panel

11:00 am to 12:30 pm – Atlas-California

Leader	Del R.	San Diego
How it Works	Nicole M.	San Diego
12 Traditions	Joey R.	San Diego
A Vision for You	Charles B.	San Diego
Speakers	Paul M..	San Diego
	Andrea S.	San Diego
	Davis R.	San Diego

AA Workshop: Preparing for the 4th Step

11:30 am to 1:00 pm –Tiki Pavillon

Preparing for the 4th Step

Moderator	Charles G.	San Diego
Step 1	Sharmaine	San Diego
Step 2	Harold	San Diego
Step 3	Charles G.	San Diego
Step 4 Resentments	ALL OF THE ABOVE	

Newcomer's Panel

1:00 pm to 2:30 pm – Atlas-California

Leader	Amber K	San Diego
How it Works	Janet K.	San Diego
12 Traditions	Tim L.	San Diego
Speakers	Stephanie S	San Diego
	Sarah S.	San Diego
	David S	San Diego
A Vision for you	Bob M.	San Diego

H & I Panel

11:00 am to 12:30 pm – Atlas-California

Leader	Del R.	San Diego
How it Works	Nicole M.	San Diego
12 Traditions	Joey R.	San Diego
A Vision for You	Charles B.	San Diego
Speakers	Paul M..	San Diego
	Andrea S.	San Diego
	Davis R.	San Diego

AA MEETINGS & EVENTS

SATURDAY, MARCH 31

Scavenger Hunt Hosted by NSDYPA

12:00 noon to 3:00 pm at Lion Fountain - All are Welcome!

Winners announced at 4 pm location TBA. Pair with fellowship team members to find clues and solve AA related riddles, winners and prizes announced at the end. Hunt takes place throughout the conference grounds and into mall area. *Walking involved.* Starts promptly at 12 at Lion Fountain.

2:00 pm – Old Timers Meeting

Atlas – Town & Country

Anyone with 30 years or more, to participate, please sign up at the table outside the meeting at 1:30 pm.

Young at Heart Speaker Meeting (ASL Upon Request)

4:15 pm – Atlas – California

Leader	Jay B.	San Diego
Chapter 3	Chris. C.	San Diego
Chapter 5	Vanessa C.	San Diego
12 Traditions	Gale C.	San Diego
Speaker	Dave G.	Sierra Madre
A Vision for You	John J.	San Diego

Banquet & Speaker Meeting (Spanish Translation, ASL)

6:00 pm – Atlas Ballroom – Town & Country

Leader	Dawn G.	Ramona
Invocation	Sandy B.	El Cajon
Chapter 3	Laura L	Solana Beach
Chapter 5	Michael E.	San Diego
12 Traditions	Mike S.	Oceanside
A Vision for You	Becky W.	San Diego

Young at Heart Dance

9:00 pm-1:00 am – DJ Monte – Golden Pacific Ballroom

Dancing– Included with round up registration, printable Photo Booth and glowing fun

Cigar Meeting

10:00 pm – Outside of Tiki Pavilion

Leader	Bill H.	San Diego
Co-Leader	Leonard	San Diego
A Vision for You	Larry H.	San Diego

AA MEETINGS & EVENTS

SUNDAY, APRIL 1

Buffet Breakfast & Spiritual Speaker Meeting (ASL)

8:30 am – Atlas Ballroom – California

Leader	Marie B.	San Diego
Invocation	Randy G.	La Mesa
Chapter 3	Michelle M.	Santee
Chapter 5	John B.	San Diego
12 Traditions	Gale C.	San Diego
Speaker	Deb. H.	Irving, TX
A Vision for You	Mike L.	San Diego
Sobriety Countdown	Becky W.	San Diego

A.A. Round-Up Business Meeting

12:00 pm – Royal Palm Salons 1 & 2

Leader	Becky W.	San Diego
12 Traditions	Heather V.	San Diego
A Vision for You	Marie B.	San Diego

AA MARATHON MEETINGS

FRIDAY, MARCH 30 – ROYAL PALM SALON 1 & 2

10:00 AM – Rigorous Honesty

Leader	Michelle N.	San Diego
Co-Leader	Heather V.	Mira Mesa

11:00 AM – Loneliness

Leader	Natasha H.	Coronado
Co-Leader	Brooke H.	San Diego

12:00 PM – The Promises

Leader	Michael E.	San Diego
Co-Leader	Deborah E.	San Diego

1:00 PM – Sponsorship

Leader	John P.	La Mesa
Co-Leader	Darwin A.	San Diego

AA MARATHON MEETINGS

FRIDAY, MARCH 30 – ROYAL PALM SALON 1 & 2

2:00 PM – Willingness

Leader	Nicki V.	San Diego
Co-Leader	Jeff	San Diego

3:00 PM – Acceptance

Leader	Claudia K.	San Diego
Co-Leader	Cathy K.	San Diego

4:00 PM – Happy, Joyous & Free”

Leader	David P.	San Diego
Co-Leader	Mike R.	San Diego

5:00 PM – We Are Not A Glum Lot

Leader	Brian G.	San Diego
Co-Leader	Renea	San Diego

6:00 PM – Love & Tolerance

Leader	Larry M.	San Diego
Co-Leader	Lenin	San Diego

7:00 PM – Gratitude

Leader	Carmen	San Diego
Co-Leader	Doc	

8:00 PM – Enjoying Life

Leader	Pat A.	National City
Co-Leader	Tom B.	San Diego

9:00 PM – Came To Believe

Leader	Kambria	San Diego
Co-Leader	Kendra	San Diego

10:00 PM – Prayer & Meditation

Leader	Casey H.	Escondido
Co-Leader	Krys	Escondido

11:00 PM – Principals Before Personalities

Leader	Andy Z.	San Diego
Co-Leader	Dan	San Diego

SATURDAY, MARCH 31– ROYAL PALM SALON 1 & 2

12:00 AM – Staying In The Now

Leader	Jeff M.	San Diego
Co-Leader	Joe C.	San Diego

1:00 AM – Unmanageability

Leader	Bill H.	San Diego
Co-Leader	Barbara	San Diego

AA MARATHON MEETINGS

SATURDAY, MARCH 31– ROYAL PALM SALON 1 & 2

2:00 AM – What AA Means To Me

Leader	Brenda F.	San Diego
Co-Leader	Lille C.	San Diego

3:00 AM – Being An Example

Leader	George B,	San Diego
Co-lead	Doc G.	San Diego

4:00 AM – Freedom From Self Bondage

Leader	Dalelana	San Diego
Co-Leader	Susan	San Diego

5:00 AM – Trust God, Clean House & Help Others

Leader	Eric L.	Fallbrook
Co-Leader	Will G.	San Diego

6:00 AM – Priorities As An Alcoholic

Leader	Alexa F.	San Diego
Co-Leader	Karen	San Diego

7:00 AM – Living Sober In The Workplace

Leader	Otha	Escondido
Co-Leader	Susan	Escondido

8:00 AM – Daily Inventory

Leader	Britt R.	San Diego
Co-Leader	Tanya H.	San Diego

9:00 AM – Forgiveness

Leader	Jenette	Carlsbad
Co-Leader	Doc	San Diego

10:00 AM – Anonymity Principals

Leader	Joseph J.	San Diego
Co-Leader	Doc	San Diego

11:00 AM – Selfishness

Leader	David C.	Santee
Co-Leader	Steve M.	San Diego

12:00 PM – Recovered Or Recovering?

Leader	Lee Ann Y.	Lakeside
Co-Leader	María	La Mesa

1:00 PM – Unity

Leader	Tommy L.	San Diego
Co-Leader	Pam W.	San Diego

2:00 PM – Into Action

Leader	Kelly	San Diego
Co-Leader	Doc G.	San Diego

AA MARATHON MEETINGS

SATURDAY, MARCH 31 – ROYAL PALM SALON 1 & 2

3:00 PM – Fear

Leader	Matt S.	San Diego
Co-Leader	Catherine	San Diego

4:00 PM – First Things First

Leader	Fred C.	San Diego
Co-Leader	Roy	San Diego

5:00 PM – Fellowship

Leader	Tammy C.	San Diego
Co-Leader	Grace W.	San Diego

6:00 PM – “Cunning, Baffling & Powerful”

Leader	Tamera K.	Sacramento
Co-Leader	Justine G.	Sacramento

7:00 PM – Enjoying Life

Leader	Katy M.	San Diego
Co-Leader	Josh H.	San Diego

8:00 PM – Isolating

Leader	R S.	San Diego
Co-Leader	Joe C.	San Diego

9:00 PM – Resentments & Expectations

Leader	Rick	San Diego
Co-Leader	Steve	San Diego

10:00 PM – Gift Of Desperation

Leader	Dalelana	San Diego
Co-Leader	Susan	San Diego

11:00 PM – Serenity Prayer

Leader	Brandon F.	San Diego
Co-Leader	Alex	San Diego

SUNDAY, APRIL 1 – ROYAL PALM SALON 1 & 2

12:00 AM – Relationships

Leader	Colin G.	Carlsbad
Co-Leader	Kendra	Carlsbad

1:00 AM – Candle Light Meeting: My Spiritual Awakening

Leader	Brenda F.	San Diego
Co-Leader	Lillie C.	San Diego

2:00 AM – Personal Inventory

Leader	Kendall B.	San Diego
Co-Leader	Kristine	San Diego

AA MARATHON MEETINGS

SUNDAY, APRIL 1 – ROYAL PALM SALON 1 & 2

3:00 AM – Rule #62

Leader	Casey H.	Escondido
Co-Leader	Krys	Escondido

4:00 AM – Improving The Quality Of Life

Leader	Brandon F.	San Diego
Co-Leader	Alex	San Diego

5:00 AM – Integrity

Leader	Tom B.	San Diego
Co-Leader	Pat A.	San Diego

6:00 AM – Spirituality

Leader	Dalelana D.	
Co-Leader	Susan	San Diego

7:00 AM – Hungry, Angry, Lonely, Tired (HALT)

Leader	Kristina G.	San Diego
Co-Leader	Tom	San Diego



AL-ANON SPEAKER MEETINGS

FRIDAY MARCH 30 – ATLAS - CALIFORNIA

Opening Meeting (ASL)

8:30 pm - Atlas - California

Leader	Jonathan G.	Chula Vista
12 Steps	Scott S.	Lakeside
12 Traditions	Sherry W.	El Cajon
Speaker	Laureen B.	San Dimas, CA
Reader	Vickie I.	Spring Valley
Closing	Jonathan G.	Chula Vista

SATURDAY MARCH 31 – GOLDEN PACIFIC BALLROOM

Luncheon and Speaker Meeting (ASL)

11:00 am – Golden Pacific Ballroom

Leader	Tiffany W.	Alpine
Invocation	Laura H.	Encinitas
12 Steps	Ryan S.	Campo
12 Traditions	Hana J.	Escondido
Speaker	Michele B.	Dingmans Ferry, PA
Closing	Tiffany W.	Alpine

Business Meeting

1:00 pm - Golden Pacific

Leader	Jonathan G.	Chula Vista
12 Traditions	Tiffany W.	Alpine

Al-Anon Speaker Meeting

SATURDAY, 2:00 pm – Atlas – California

Leader	Kelly D.	Escondido
12 Steps	Noemi C.	Escondido
12 Traditions	Alin M.	San Diego
Speaker	Ric B.	Fort Lauderdale
Reader	Sherry W.	El Cajon
Closing	Kelly D.	Escondido

AL-ANON YOUNG PEOPLES' MEETINGS

SATURDAY, MARCH 31 – PACIFIC SALON 6 & 7

2:00 pm - Easy Does It

3:00 pm - The Three C's

4:00 pm - Fellowship, Support, and Snacks

5:00 pm - Acceptance

6:00 pm - Self-care

7:00 pm - Let Go and Let God

"Parents are responsible for all children under 18.

These are not Alateen meetings, and there will be no supervision"

AL-ANON MARATHON MEETINGS

FRIDAY, MARCH 30 – PACIFIC SALON 3 & 4

1:00 pm – We Are Not A Glum Lot

Leader	Tiffany W.	Alpine
Reader	Joyce Van B.	San Diego

2:00 pm – The Family Disease Of Alcoholism

Leader	Tom F.	San Diego
Reader	Tiffany W.	Alpine

3:00 pm – Changed Attitudes Can Aid Recovery

Leader	Mary G.	San Diego
Reader	Maggie C.	San Diego

4:00 pm – Do's And Don'ts

Leader	Joyce Van B.	San Diego
Reader	Lily S.	San Diego

5:00 pm – Discovering Choices

Leader	Alin M.	San Diego
Reader	Laura	San Diego

6:00 pm – Step 10: Reviewing Our Day

Leader	Mary G.	Encinitas
Reader	Ted P.	Encinitas

7:00 pm – “Awareness, Acceptance and Action”

Leader	Dan B.	San Diego
Reader	Michael	San Diego

8:00 pm – Closed for Speaker meeting

Leader	xxxxxxx	xxxxxxx
Reader	xxxxxxx	xxxxxxx

9:00 pm – Closed for Speaker Meeting

Leader	xxxxxxx	xxxxxxx
Reader	xxxxxxx	xxxxxxx

10:00 pm – Hope For Parents Of Alcoholics

Leader	Deborah F.	San Diego
Reader	Marilyn D.	San Diego

SATURDAY, MARCH 31 – PACIFIC SALON 3 & 4

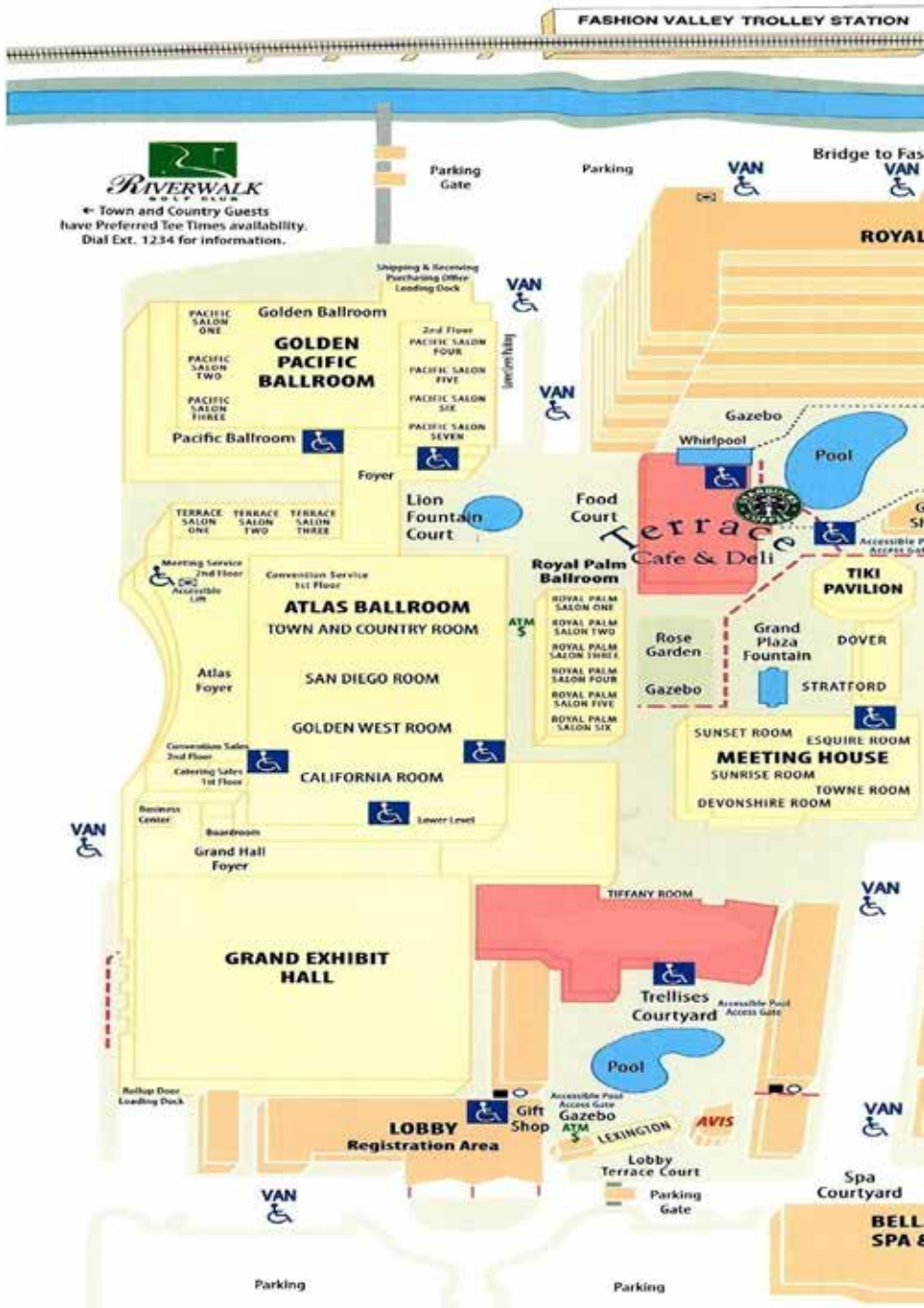
8:00 AM – Letting Go And Letting God

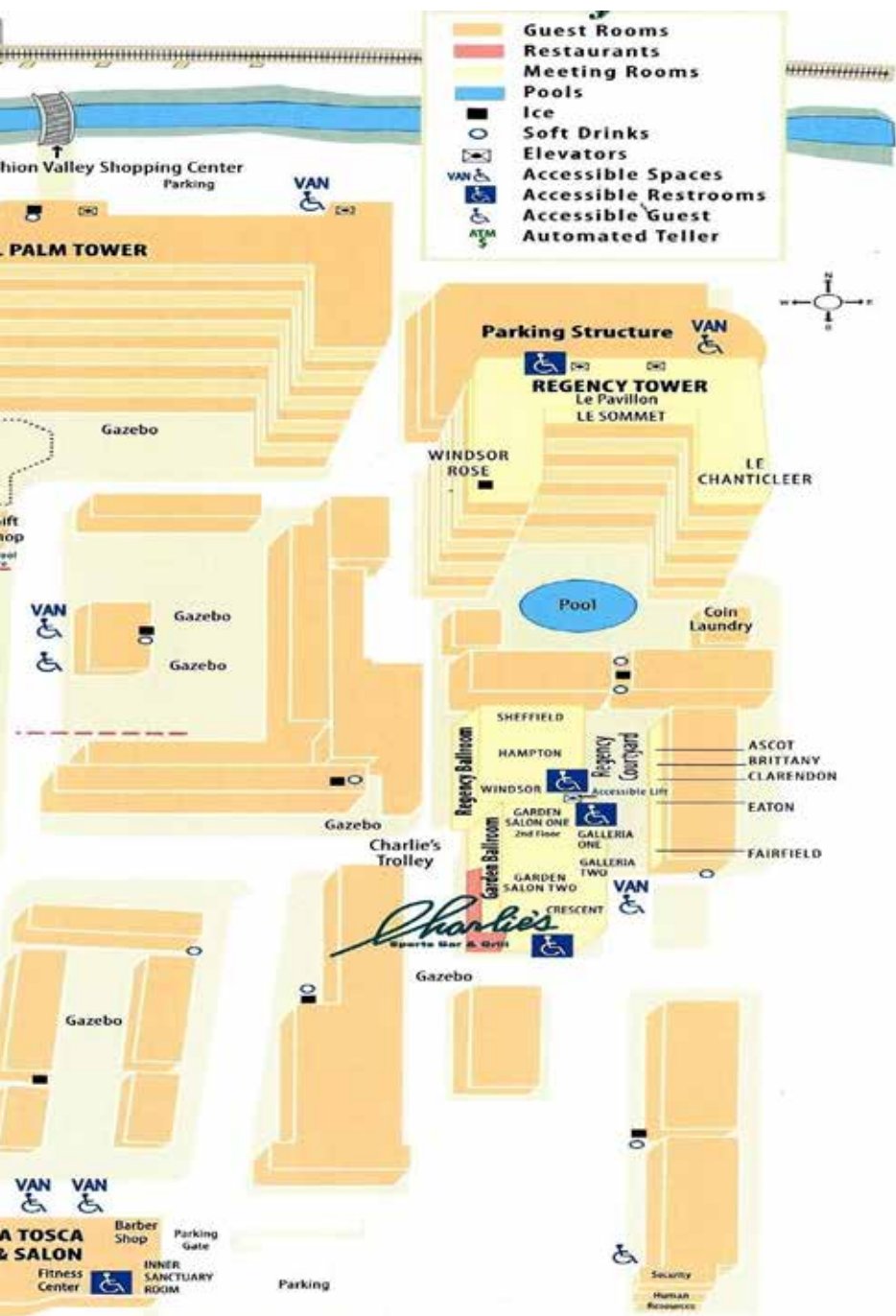
Leader	Tiffany W.	ALPINE
Reader	Mary G.	San Diego

9:00 AM – Steps 6 And 7 Willingness And Readiness

Leader	Vickie I.	Spring Valley
Reader	Lesley D.	San Diego

MAPS





AL-ANON MARATHON MEETINGS

SATURDAY, MARCH 31 – PACIFIC SALON 3 & 4

10:00 AM – Forgiveness: Let it Begin With Me

Leader	Vicki I.	Spring Valley
Reader	Margaret N.	San Diego

11:00 AM – Service: Give It Away To Get It

Leader	Scot C.	San Diego
Reader	Melissa D.	San Diego

12:00 PM – Sponsorship: Working With Others

Leader	Werner B.	Escondido
Reader	Geri	

1:00 PM – Detachment With Love

Leader	Alin M.	San Diego
Reader	Margaret N.	San Diego

2:00 PM – Home Group: The Benefits Of Commitment

Leader	Melissa D.	San Diego
Reader	Scot	San Diego

3:00 PM – The Alcoholic Marriage

Leader	Laura H.	Encinitas
Reader	Deborah F.	Del Mar

4:00 PM – Self Care- Responsibility Checklist

Leader	George W.	Rancho San Diego
Reader	Scott S.	Lakeside

5:00 PM – Live And Let Live

Leader	Yoly W-H.	Mira Mesa
Reader	Werner B.	San Diego

6:00 PM – Relationships In Recovery

Leader	Patti	Chula Vista
Reader	Bill M.	San Diego

7:00 PM – From Survival To Recovery

Leader	Patti M.	Chula Vista
Reader	Mackenzie S.	San Diego

8:00 PM – Joy Is A Spiritual Discipline

Leader	Eva B.	San Diego
Reader	Wendy	

9:00 PM – “Gratitude, An Attitude”

Leader	Laurine O.	Rancho Penasquitos
Reader	Patti M.	Chula Vista

10:00 PM – Conscious Contact: Candlelight meditation

Leader	Deborah F.	Del Mar
Reader	Laura H.	Encinitas

AA ESPAÑOL

AA ESPAÑOL – Ningunas reuniones, viernes 30 de marzo

VIERNES 30 MARZO - PACIFIC SALON 1 & 2

Hora	Orador	Grupo	Tema
9:00 am	Sergio	1 Paso	Aceptacion
10:00 am	Roberto	Oxford	Sano Juicio
11:00 am	Jairo	Tijuana	Hayuna Solucion
1:00 pm – 2:00 pm		Comida	
2:00 pm	Javiery	Jovenes	Paso 12
3:00 pm	Rogelio	Bienestar	Defectos de Caracter
4:00 pm	Alvino	I.T.R.	Proxima Frontera
5:00 pm – 6:00 pm		Cena	
6:00 pm	Ernesto	De La Tineblas A La Luz	Borrachera Seca
7:00 pm	Paz	Arizona	Servicios en AA
8:00 pm	Nazario	Ramona	Fantasmas Atormentadores

SABADO 31 MARZO - PAFICIC SALON 1 & 2

9:00 am	Paz	Arizona	Taller de La Vina
10:00 am	Paz	Arizona	Como Redactar Una Historia de La Vina
11:00 am	Paz	Arizona	Sus Funciones Como Directora
12:00 pm – 1:00 pm		Comida	
1:00 pm	Abierto	Abierto	Maratonica de Mujeres
2:00 pm	Abierto	Abierto	Maratonica de Mujeres
3:00 pm	Leonor	24 Horas	Funciones de Un Grupo
4:00 pm	Beto	Solo X Hov	Que es Un Anexo
5:00 pm	Sky	Los Jovenes	Doble Estigma
5:30 pm	Cena		
7:00 pm	Baile		

DOMINGO 1 ABRIL - PACIFIC SALON 1 & 2

9:00 am	Paz	Arizona	Una Vida Util V	Feliz
10:00	Doris	(Mujerees En Accion)	Mi Experiencia en AA	
11:00	Ester	(Hav Una Solucion)	Regresando la Dadiva	
12:00	Marcela	Oxford	Agradecimiento	

HORARIO DE JUNTAS DE AL-ANON EN ESPAÑOL

VIERNES 30 MARZO 2018 PACIFIC SALON 1 & 2

1:00 PM – Bienvenida Oficial al SDSRUP 2018
Coordinadora Yolanda – San Diego CA

1:05 – 2:00 PM – “No somos un grupo de melancolicos”
Salvador – Ciudad de Mexico

2:10 – 3:00 PM – Apadrinamiento y otros instrumentos del Programa Al anon
Claudia – San Diego CA

COMIDA

5:00 – 6:00 PM – Abuso de sustancias, adiccion y perdida de la salud mental
DR Rocky Rubio – Tijuana, BC

6:10 – 7:00 PM – Desprendimiento Emocional, Amor y Perdon
Salvador – Ciudad de Mexico

7:00 – 8:00 PM – Viviendo con un alcoholico sobrio
Salvador – Ciudad de Mexico

SABADO 31 MARZO 2018 PACIFIC SALON 1 & 2

10:00 – 10:50 AM – Superando el abuso fisico, verbal y emocional
Salvador – Ciudad de Mexico

11:00 – 11:50 AM – Martirio, Manejo y Manipulacion
Madre
Gloria – Tijuana BC

12:00 – 1:00 PM –
Como mi poder superior me ayuda a relacionarme con
personas q no tienen programa
Young Peoples – San Diego CA

1:00 – 2:00 PM – Convivo con Dos Alcoholicos
Salvador – Ciudad de Mexico

COMIDA

4:00 – 4:50 PM – Fondos de Funcinamiento
Magali – Tijuana BC

5:10 – 6:00 PM – MIS 6 P (Prespectiva, pena, plegaria, paciencia, progreso
y pago)
Claudia – San Diego

6:00 – 7:00 PM – Humor en el programa
Alma – Escondido CA

7:20 - 8:00 PM – AL ANON es para hombres
Salvador – Ciudad de Mexico

8:00 PM
Clausira oficial del SDSRUP 2018
Coordinadora Yolanda – San Diego Ca

SPORTS

Golf Tournament

Friday, March 30, 8:00 AM Check-in

Vineyard Golf Club, Escondido.

\$67 plus Round Up registration. Shotgun starts at 8:00 AM. Includes golf, range balls, tee prize, lunch and \$10,000 Hole-In-One. Trophies & raffle for additional prizes after play. To form a group (4 players), registration and entry fees must be sent together with the names of the players in the foursome.

Contact Patrick L. (858) 531-8887 sdsrugolf@gmail.com

1/4 Day Deep Sea Fishing Trip

Friday, March 30, 8:00 AM Check-In.

\$50 plus Round Up registration. Fishing trip aboard the Daily Double, departing from Point Loma Sportfishing. Gear rental available. Return around 3:00 PM. Space is limited, so reserve early!

Contact Kristi M. (619) 808-3361 sdsrufishing@gmail.com

5K and 10K Fun Run/Walk

Saturday, March 31, 8:00 AM

\$25 plus Round Up registration. Pick up T-shirt (available for preregistered runners only) and bib number at the sports table during convention. Check-in at race 6:45 to 7:45 AM.

Contact David C. (619) 540-8552 sdsrurunwalk@gmail.com

Poker Run - Motorcycle Ride

Saturday, March 31, 10:30 AM

\$25 plus Round Up registration. Starting and ending at the hotel, we will have multiple stops throughout San Diego county with lunch provided during the ride, a special T-shirt, (for preregistered riders) prizes and give-aways in the afternoon back at the hotel.

Contact Bill H. (619) 954-4892 sdsrupokerrun@gmail.com

Comedian / Ice Cream Social [ASL]

THURSDAY, MARCH 29, 7:00 pm – Golden Pacific Ballroom

Coffee and ice cream served with an evening of fun, relaxation and AA humor! Featuring professional comedian. Let's start the weekend with some belly laughs and a sugar rush!
Ticket: \$30 per person plus Round Up registration.

AA Variety Show – Variety Show and Dance [ASL]

Friday, March 30, 9:00 pm – Golden Pacific Ballroom

The Dance immediately follows the Variety Show.

The 5th Annual SDSRU FRIDAY NITE LIVE VARIETY SHOW. Join us for an evening of EXTRA-ORDINARY Ability, Flair & Pure Genius with all your friends! The dancing with commence after we warm you up with our highly professional cast of characters. Included with Round Up registration.

Scavenger Hunt Hosted by NSDYPA

Saturday, March 31, 12:00 noon – Meet at Lion Fountain

ALL ARE WELCOME! Starts promptly at 12 Noon - Walking is involved. Winners announced at 4 pm location TBA. Pair with fellowship team members to find clues and solve AA related riddles, winners and prizes announced at the end. Hunt takes place throughout the conference grounds and into mall area. Included with Round Up registration.

AA Baile – “Latin Dance Party”

Saturday, March 31, 8:00 pm – Pacific Salon 3

Included with Round Up registration

Young at Heart Dance

Saturday, March 31, 9:00 pm

9:00 pm – James Larruso – Golden Pacific Ballroom
Dancing– Included with Round Up registration, printable photo booth and glowing fun.

MOVIES

FRIDAY, MARCH 30 – ROYAL PALM SALON 6

3:00 pm – 4:39 pm

My Name is Bill W. (CC), 1 hr 30 min, James Woods

5:00 pm – 6:33 pm

28 Days (CC), 1 hr 33 min, 2000, Sandra Bullock

6:45 pm – 8:23 pm

When Love is Not Enough (The Lois Wilson Story) (CC), 1 hr 38 min

8:00 pm-1130 pm YPAA Movie Hour

Everything Must Go (CC), 1hr 37min, 2010, Will Ferrell

SATURDAY, MARCH 31 – ROYAL PALM SALON 6

9:00 am – 10:45 am (AI-Anon Requested)

When Love is Not Enough (The Lois Wilson Story) (CC), 1 hr 38 min

2:00 pm – 4:06 pm

When a Man Loves a Woman (CC), 2 hrs 6 min, 1994, Meg Ryan

4:30 pm – 6:10 pm

Bill W. – Documentary (CC), 1 hr 44 min, 2012, Dan Caracino

6:30 pm – 8:00 pm

Drunks (CC), 1 hr 30 min, 1995, Richard Lewis

FRIDAY, MARCH 30 – ESQUIRE ROOM**Friday 8 am Led by Becky F.**

Moderate Vinyasa Yoga Flow with layers and options for all levels. Guided breath control linked to movement for a deeper mind body connection. Restorative rest with essential oils at the end. Focused intention on “One day at a time”.

Friday 11 am Led by Becky F.

Moderate Vinyasa Yoga Flow with layers and options for all levels. Guided breath control linked to movement for a deeper mind body connection. Restorative rest with essential oils at the end. Focused intention on “Let Go and Let God”.

Friday 5 pm Led by Becky F.

Gentle Flow and Restorative yoga stretching and breath work seated or standing with options and layers. Ending with guided mediation and essential oils. Focused Intention on “Self Love”.

SATURDAY, MARCH 31 – ESQUIRE ROOM**Saturday 8 am Led by Becky F.**

Moderate Vinyasa Yoga Flow with layers and options for all levels. Guided breath control linked to movement for a deeper mind body connection. Restorative rest with essential oils at the end. Focused Intention on “Let Go and Let God”.

Saturday 11 am Led by Mirt N.

Moderate Vinyasa Yoga Flow with layers and options for all levels followed by sound healing mediation and essential oils for maximum relaxation. Focused Intention on “Healing”.

***A limited number of mats are available for Yoga.
Please bring a mat if you have one.
Towels will be provided for Yoga sessions***

FRIDAY, MARCH 30 – ESQUIRE ROOM

Friday Morning (9:30 am) – Led by Pam W.

Title: The Walk

A guided meditation on traveling the road of recovery.

Friday Afternoon (2:00 pm) – Led by Jerry G.

Title: Let Go and Let God “Moving Meditation”

This meditation exercise deepens the experience of “Letting Go.” Participants will be guided through a series of movements that often lead to a powerful meditative experience.

Friday Evening (9:00 pm) – Led by Jerry G.

Title: Prayer of Saint Francis “Moving Meditation”

The classic AA meditation is tied to body movements to deepen the meditative experience.

SATURDAY, MARCH 31 – ESQUIRE ROOM

Saturday Morning (9:30 am) – Led by Jerry G

Title: We are not a glum lot: The miracle of “WE” guided meditation.

Description: This guided meditation explores the powerful connection to each other that brings about the gift of recovery.

Saturday Evening (9:00 pm) – Led by Mary W.

Title: Metta Meditation

This meditation exercise focuses on the application of the prayer of loving, kindness and forgiveness for ourselves, our loved ones, ones we hold in judgment, for the earth and all that it encompasses.

SUNDAY, APRIL 1 – ESQUIRE ROOM

Sunday Morning (7:00 am) – Led by Kate T.

Title: Actually doing it!

Begin your day with this guided meditation, which will bring focus and empowerment to your day ahead. We will try a beginner short session, a Tibetan Bowl Meditation and an introductory session to meditation while moving.

AA COMMITTEES

2018 SPRING ROUND UP ROSTER

Chair	Dawn G.	Ramona
Co-Chair	Becky W.	San Diego
Trustee (2015)	Michael S.	Oceanside
Trustee (2016)	Laura L.	Solona Beach
Chair (2017)	Michael E.	San Diego
Secretary	Barbara F.	San Diego

AA COMMITTEES

Committee	Name	Position
Accessibilities	Renae C., Chair	San Diego
Accessibilities	Michael S., Co-Chair	San Diego
AI-Anon	Tiffany W., Chair	Chula Vista
AI-Anon	Jonathan, Co-Chair	San Diego
AI-Anon	Joaquin A., Spanish Chair	San Diego
AI-Anon	Yolanda P., Translator/Advisor	San Diego
Archives	Eric L., Chair	San Diego
Banners/Ribbons	Nicki V., Chair	San Diego
Carry the Message	Katy McC., Chair	San Diego
Carry the Message	Britt RL., Co-Chair	San Diego
Carry the Message	Ken C., Team Member	National City
Coffee Mugs	Pat A., Chair	National City
Coffee Mugs	Tom B., Co-Chair	San Diego
Decorations	Renee R., Chair	San Diego
Decorations	Leighanna., Co-Chair	San Diego
Decoration	Lisa D., 3rd Co-Chair	San Diego
Entertainment	David K., , Chair	San Diego
Entertainment	Darren T., Co-Chair	San Diego
5K / 10K	David C., Chair	Santee
5K / 10K	Leanne Y., Co-Chair	San Diego
Fishing	Kristi M., Chair	Lakeside
Fishing	Glenn LaB., Co-Chair	San Diego
Golf	Patrick L., Chair	San Diego
Greeters/Vol.	Brian G., Chair	San Diego
Greeters/Vol.	Stacy F., Co-Chair	San Diego

AA COMMITTEES

Hospitality	Jeff M., Chair	San Diego
Hospitality	Aundrea H., Team Member	San Diego
Information	Marchell C., Chair	Lemon Grove
Information	Brenda J-F., Co-Chair	El Cajon
Information	Lily C., Team Member	San Diego
Information	Nell S., Team Member	San Diego
Literature	Heather V., Chair	San Diego
Literature	Michelle N., Co-Chair	San Diego
Literature	Catherine S., Team Member	San Diego
Marathon	George B., Chair	San Diego
Marathon	Doc Vincent G., Co-Chair	San Diego
Marathon	Mage B., Team Member	San Diego
Marathon	Casey H., Team Member	San Diego
Marathon	Anne K., Team Member	San Diego
Meditation	Pam W., Char	San Diego
Meditation	Jerry G., Co-Chair	Carlsbad
Panels	David P., Chair	San Diego
Poker Run	Bill H., Chair	San Diego
Poker Run	Debbie C-A., Co-Chair	San Diego
Poker Run	Jim A., Team Member	San Diego
Poker Run	Jamie B., Team Member	San Diego
Printing	David McG., Chair	San Diego
Printing	Kate T., Co-Chair	San Diego
Program	Marie B., Chair	San Diego
Program	Bill McN., Co-Chair	Santee
Program	Sam L., Team Member	Escondido
Registration	Lauri L., Chair	San Diego
Registration	Charlotte R., Co-Chair	Ramona
Registration	Brad S., Team Member	San Diego
Registration (Information Technology)	Bill H., Chair	San Diego
Registration	Bud K., Co-Chair	San Diego
Registration (Hardware/Software)	Bud K.	San Diego
Sch'ips/New.	Krys W., Chair	San Diego
Sch'ips/New.	Tracy J., Team Member	San Diego

AA COMMITTEES

Site & Catering	Rick R., Chair	San Diego
Site & Catering	Glenn D., Co-Chair	San Diego
Site & Catering	Jenette S., Team Member	San Diego
Site & Catering	Robin R., Team Member	San Diego
Spanish AA	Marcela R., Chair	Chula Vista
Tickets	Bob B., Chair	Vista
Tickets	Dalelana D., Co-Chair	San Diego
Treasury	Jason S., Chair	San Diego
Treasury	Mark B., Co-Chair	San Diego
Treasury	Ken G., Team Member	San Diego
Trophies	Deborah E., Chair	San Diego
Trophies	Kendall B., Co-Chair	San Diego
T-Shirts	Carmen B., Chair	San Diego
T-Shirts	Justin	San Diego
Ushers	Joseph J., Chair	San Diego
Variety Show	Tommy L., Chair	San Diego
Variety Show	OJ O., 3rd Co-Chair	San Diego
Variety Show	Tanya S., Team Member	San Diego
Variety Show	Kendall B., Team Member	San Diego
Yoga	Becky F., Chair:	San Diego
Young At Heart	Jay B., Chair	San Diego
Young At Heart	Nick G., Co-Chair	San Diego
Young At Heart	Vanessa C., Team Member	San Diego
Young At Heart	Chris H., Team Member	San Diego
Young At Heart	Jesse, Team Member	San Diego

AL-ANON COMMITTEES

AL-ANON OFFICERS

Chair	Tiffany W.	Alpine
Chair Elect	Jonathan G.	Chula Vista
Secretary	Hana J.	Escondido
Treasurer	George W.	San Diego
Advisor (2016 Chair)	Eva B.	San Diego
Advisor (2017 Chair)	Sherry W.	El Cajon

AL-ANON COMMITTEES

Archives	Laura H., Chair	Encinitas
Carry The Message	Yoly W.-H., Chair	Mira Mesa
	Andy J., Co-Chair	San Diego
Decorations	Maggie C., Chair	Carmel Valley
	Kelly H.	Sorrento Valley
Greeters	Karen W.	San Diego
	Susan L., Co-Chair	San Diego
Hospitality	Dan O., Chair	Chula Vista
	Hana T., Co-Chair	Escondido
Literature	Charla H., Chair	San Diego
Marathon Meetings	Deborah F., Chair	Del Mar
Program	Kelly D., Chair	Escondido
	Noemi C., Co-Chair	Escondido
Registration	Randy W., Chair.	Chula Vista
	Chris W., Co-Chair	La Mesa
Spanish	Yolanda G., Chair	Chula Vista
	Iliana T., Co-Chair	Chula Vista
Spanish Publicity	Joaquin A.,	Mission Hills
Tickets	Scott S., Chair	Lakeside
	Joyce Van B., Co-Chair	San Diego
Ways And Means	Laura H., Chair	Encinitas
	Alin M., Co-Chair	San Diego
Young Peoples Meetings	Susan W.	El Cajon

*This Is Your Opportunity To
Get Involved In The
Spring Round Up!*

If you've had a fabulous weekend, or if you have great ideas you'd like to share for next year, please plan to attend the AA Business Meeting on Sunday at Noon in Royal Palm 1 & 2. We'd love to have you on the committee! If you can't make the meeting but want to get involved, call next year's Chair.

Becky W.

415-377-9296 or Email at

SDSRUchairman@gmail.com

Mark your calendar now for next years
dates: April 18-21, 2019

PAST CHAIRPERSONS

1978	Bill P.*	San Diego
1979	Al McG.	Oceanside
1980	Stu W.*	San Diego
1981	Jim C.	La Mesa
1982	Phyllis B.	Oceanside
1983	Lee S.*	Coronado
1984	Judy C.	Del Mar
1985	Paul S.	La Jolla
1986	Davis R.*	Carlsbad
1987	Darrell D.*	San Diego
1988	Ed L.	La Jolla
1989	Roy S.	San Diego
1990	Jon P.	San Diego
1991	Carol L.	La Jolla
1992	Peter F.*	San Diego
1993	Jim McN.	San Diego
1994	Steve C.	Chula Vista
1995	Joe T.*	La Mesa
1996	Laurie D.	San Diego
1997	Roy G.	San Diego
1998	Lloyd S.	Carlsbad
1999	Cliff P.*	San Diego
2000	Katharine K.	Encinitas
2001	Jack B.	Encinitas
2002	John C.	San Diego
2003	John P.	El Cajon
2004	Joan B.	Oceanside
2005	Bill K.*	Vista
2006	Ted B.*	Oceanside
2007	Al W.	Leucadia
2008	Mary Ann S.	Oceanside
2009	Scott T.	Oceanside
2010	Lia T.	San Diego
2011	Jeff K.	Carlsbad
2012	James M.	Encinitas
2013	Dan L.	Carlsbad
2014	Sandy B.	El Cajon
2015	Michael S.	Oceanside
2016	Laura L.	Solana Beach
2017	Michael E.	San Diego

* Deceased

A.A. Anonymity

There may be some here who are not familiar with our Tradition of personal anonymity at the public level: Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio and films. Thus, we respectfully ask that A.A. speakers and A.A. members not be photographed, videotaped, or identified by full name on audio tapes and in published or broadcast reports of our meetings. The assurance of anonymity is essential in our efforts to help other problem drinkers who may wish to share our recovery program with us. And our Tradition of anonymity reminds us that A.A. principles come before personalities.

The 12 Suggested Steps of AA

1. We admitted we were powerless over alcohol—that our lives had become unmanageable.
2. Came to believe that a Power greater than ourselves could restore us to sanity.
3. Made a decision to turn our will and our lives over to the care of God as we understood Him.
4. Made a searching and fearless moral inventory of ourselves.
5. Admitted to God, to ourselves and to another human being the exact nature of our wrongs.
6. Were entirely ready to have God remove all these defects of character.
7. Humbly asked Him to remove our shortcomings.
8. Made a list of all persons we had harmed, and became willing to make amends to them all.
9. Made direct amends to such people wherever possible, except when to do so would injure them or others.
10. Continued to take personal inventory and when we were wrong, promptly admitted it.
11. Sought through prayer and meditation to improve our conscious contact with God, as we understood Him, praying only for knowledge of His will for us and the power to carry that out.
12. Having had a spiritual awakening as the result of these steps, we tried to carry this message to alcoholics, and to practice these principles in all our affairs.

The Twelve Traditions of Alcoholics Anonymous

1. Our common welfare should come first; personal recovery depends upon A.A. unity.
2. For our group purpose, there is but one ultimate authority – a loving God as He may express Himself in our group conscience. Our leaders are but trusted servants; they do not govern.
3. The only requirement for A.A. membership is a desire to stop drinking.
4. Each group should be autonomous except in matters affecting other groups or A.A. as a whole.
5. Each group has but one primary purpose—to carry its message to the alcoholic who still suffers.
6. An A.A. group ought never endorse, finance or lend the A.A. name to any related facility or outside enterprise, lest problems of money, property, and prestige divert us from our primary purpose.
7. Every A.A. group ought to be fully self-supporting, declining outside contributions.
8. Alcoholics Anonymous should remain forever nonprofessional, but our service centers may employ special workers.
9. A.A., as such, ought never be organized; but we may create service boards or committees directly responsible to those they serve.
10. Alcoholics Anonymous has no opinion on outside issues; hence the A.A. name ought never be drawn into public controversy.
11. Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio and films.
12. Anonymity is the spiritual foundation of all our traditions, ever reminding us to place principles before personalities.

FRIENDS I HAVE MET AT THE ROUND UP

If you would like to purchase a recorded meeting from the
San Diego Spring Round Up:
Visit Lee's Tapes and CDs onsite in the Golden Foyer or visit:

Lee's Tapes and CDs
leestapesandcds.com



Want To Be On The Committee Next Year?

**Come To The Business Meeting On
Easter Sunday, At 12 Noon, Royal Palm 1 & 2**

Next Year's Dates – April 18-21, 2019